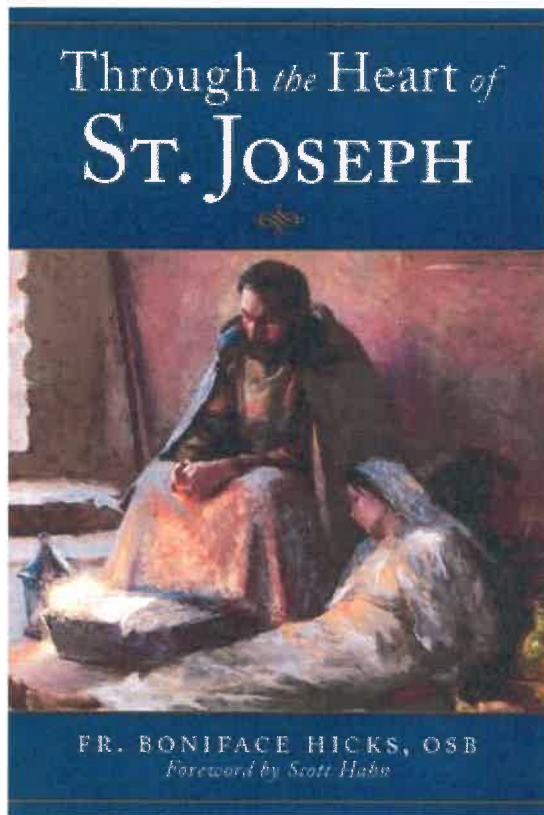


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By Fr. Boniface Hicks, OSB



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Though he speaks no words in Scripture, St. Joseph's message to us is resounding: he wants to lead us to Jesus. In *Through the Heart of St. Joseph*, Fr. Boniface Hicks reveals the path St. Joseph has laid.

Discover how St. Joseph's vulnerability, littleness, silence, and hiddenness can transform and heal us. Fr. Hicks also looks to the saints who lived the "Joseph Option" to show how we too can embrace a life of humble trust and steadfast courage.

Through the Heart of St. Joseph proves with quiet conviction that if we entrust ourselves to the foster father of Our Lord, he will give us his love and protection—just as he gave it to Jesus.

Author Biography

Fr. Boniface Hicks, OSB, is a Benedictine monk of Saint Vincent Archabbey in Latrobe, Pennsylvania. He has provided spiritual direction for many men and women, including married couples, seminarians, consecrated religious and priests, even while completing his Ph.D. in computer science at Penn State University. He is the programming manager and an on-air contributor for We Are One Body Catholic Radio and has recorded thousands of radio programs on theology and the spiritual life. He has extensive experience as a retreat master for laity, consecrated religious, and priests. He is the Director for Spiritual Formation for Saint Vincent Seminary and Director of the Institute for Ministry Formation and has offered numerous courses on the spiritual life. Fr. Hicks is the co-author, along with Fr. Thomas Acklin, of the books *Spiritual Direction* and *Personal Prayer*.